## **The Apostles' Creed**

I believe in God the Father Almighty, Maker of heaven and earth. And in Jesus Christ His only Son, our Lord. Which was conceived by the Holy Ghost, born of the Virgin Mary. Suffered under Pontius Pilate, was crucified, dead, buried, and descended into hell. And the third day He rose again from death

## **The Apostles' Creed**

He ascended into heaven, and sitteth on the right hand of God the Father Almighty. From thence He shall come to judge the quick and the dead.

I believe in the Holy Ghost. The holy catholic\* church. The communion of Saints: The forgiveness of sins. The resurrection of the body. And the life everlasting. Amen.

(\*whole or universal church, not denomination)







## Psalm 41:1-2 NKJV

As the deer pants for the water brooks, so pants my soul for You, O God. <sup>2</sup> My soul thirsts for God, for the living God. When shall I come and appear before God?



## 1. My soul pants/thirsts for God



My soul pants/thirsts for God
 My soul thirsts for You

# Psalm 42:2

TPT: My soul thirsts, pants, and longs for the living God. I want to come and see the face of God. MSG: I'm thirsty for God-alive. I wonder, "Will I ever make it— arrive and drink in God's presence?"



<sup>3</sup> My tears have been my food day and night, while they continually say to me, "Where is your God?"



# <sup>3</sup> My tears have been my food day and night, while they continually say to me, "Where is your God?"

The devil may deride and chide but JESUS ABIDES.

4. THE CRY

<sup>4</sup> When I remember these things, I pour out my soul within me. For I used to go with the multitude; I went with them to the house of God, with the voice of joy and praise, with a multitude that kept a pilgrim feast.



<sup>5</sup> Why are you cast down, O my soul? And why are you disquieted within me? Hope in God, for I shall yet praise Him for the help of His countenance.



A nearly 60% jump in suicides by young Americans since 2007 according to a new report from the U.S. Centers for Disease Control and Prevention.

rate increases included...79% in Oregon.
In 2016-2018, suicide rates among young people were highest in Alaska

### Since the start of the 20<sup>th</sup> Century

Each successive generation has doubled its susceptibility to depression

- Born around WWI: about 1%.
- Born around WWII: 5%.
- 1960s: 10-15%
- NOW: 44% of college students experience symptoms of depression and it's one of the leading causes of death among college students.

# **United States 2020**

Suicide is a preventable public health problem and a leading cause of death in the United States. More investment in suicide prevention, education and research will prevent the untimely deaths of thousands of Americans each year.

Suicide was the 10th leading cause of death in the United States.



On average, **132 Americans** died by suicide each day.

**1.4 million** Americans attempted suicide.





**90%** of those who died by suicide had a diagnosable mental health condition at the time of their death.

Men died by suicide **3.6x** more often than women. Women were **1.4x** more likely to attempt suicide.

48,344 Americans died by suicide.

- 2nd leading cause of death for ages 10-34
- 4th leading cause of death for ages 35-54

In 2017, the suicide rate was **1.5x higher** for Veterans than for non-Veteran adults over the age of 18.



Over **950,000** years of potential life were lost to suicide before age 65.



**Firearms** accounted for slightly more than half (**50.54%**) of all suicide deaths.



Suicide deaths and attempts cost **\$69 billion** in combined work-loss and medical cost in 2015.

**10.3%** of Americans have thought about suicide

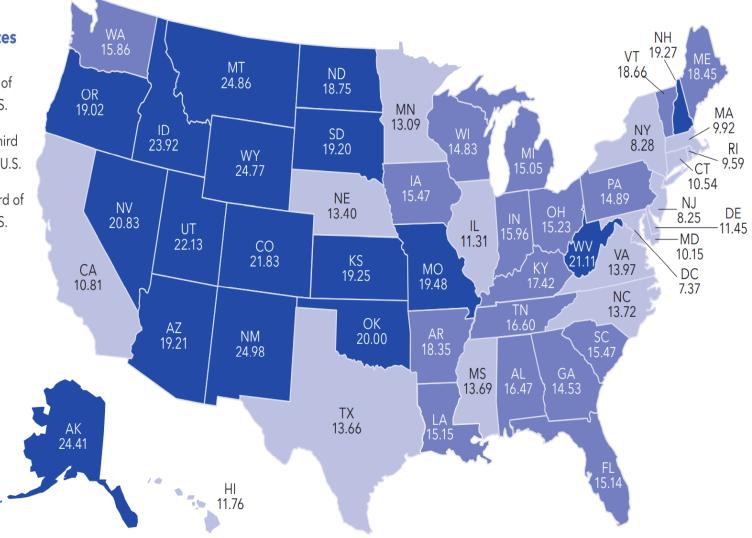
**54%** of Americans have been affected by suicide

CDC, 2018 Fatal Injury Reports (accessed from www.cdc.gov/injury/wisqars/fatal.html on 3/1/20). Find additional citation information at afsp.org/statistics.

# **United States 2020**

### Suicide Rates in the United States

- States in the top third of suicide rates in the U.S.
- States in the middle third of suicide rates in the U.S.
- States in the lower third of suicide rates in the U.S.



CDC, 2018 Fatal Injury Reports (accessed from www.cdc.gov/injury/wisqars/fatal.html on 3/1/20). Find additional citation information at afsp.org/statistics.

#### American Association of Suicidology President Jonathan Singer:

*Everyone is weathering the same storm in different boats.* 



# 1. You're NOT ALONE



You're NOT ALONE
 Call and Seek out others



 You're NOT ALONE
 Call and Seek out others
 Mental Health practitioners are in the area for you

#### **REMEMBER:**

- 1. You're NOT ALONE
- 2. Call and Seek out others
- Mental Health practitioners are in the area for you
- 4. <u>Don't be surprised when the devil</u> <u>bullies you</u>

### **REMEMBER:**

- 1. You're NOT ALONE
- 2. Call and Seek out others
- 3. <u>Mental Health practitioners are in the area</u> for you
- 4. Don't be surprised when the devil bullies you
- 5. Get and stay close to Jesus

### **REMEMBER:**

- 1. You're NOT ALONE
- 2. Call and Seek out others
- 3. <u>Mental Health practitioners are in the area</u> for you
- 4. Don't be surprised when the devil bullies you
- 5. Get and stay close to Jesus
- 6. <u>Speak in tongues</u>