

**PURSUIING GOD, Part 2**  
**October 18, 2020**



# LONELINESS IS AN EPIDEMIC

*Josh McDowell newsletter Oct 15, 2020*

- **4 in 10: days without talking with a single person**
- **British Survey of 2000: 25% feel like they have no friends**
- **40% turn to comfort food**
- **25% to alcohol**
- **75% have not spoken with anyone about how they're feeling**
- **Those who live alone have gone average of 11 days without speaking with anyone**

## Psalm 42:1-3 NKJV

**As the deer pants for the water brooks,  
so pants my soul for You, O God.**

**<sup>2</sup> My soul thirsts for God, for the living  
God. When shall I come and appear  
before God? <sup>3</sup> My tears have been my  
food day and night, while they continually  
say to me,  
"Where is your God?"**

## Psalm 42:4-5 NKJV

**4 When I remember these things,  
I pour out my soul within me.  
For I used to go with the multitude;  
I went with them to the house of God,  
with the voice of joy and praise,  
with a multitude that kept  
a pilgrim feast.**

**5 Why are you cast down, O my soul?  
And why are you disquieted within me?  
Hope in God, for I shall yet praise Him  
for the help of His countenance.**

# 1. ACKNOWLEDGE YOUR REALITY

## Psalm 42:6-7

**O my God, my soul is cast down within me;  
Therefore I will remember You from the land of  
the Jordan, And from the heights of Hermon,  
From the Hill Mizar. <sup>7</sup> Deep calls unto deep at  
the noise of Your waterfalls; All Your waves and  
billows have gone over me**



## Psalm 42:7

**NLT: I hear the tumult of the raging seas as your waves and surging tides sweep over me.**

**MSG: Chaos calls to chaos, to the tune of whitewater rapids. Your breaking surf, your thundering breakers crash and crush me**

## **II. POSITION YOURSELF TO HEAR HIM**

### **1. POSITION YOURSELF FOR THE FUTURE**

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Lamentations 3: 22-23



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2. POSITION YOURSELF FOR THE PRESENT

Lamentations 3: 22-2

3. RE-POSITION YOUR PAST

## Psalm 42:8 NKJV

**The LORD will command His  
lovingkindness in the daytime,  
And in the night His song *shall be*  
with me-- A prayer to the  
God of my life.**

### III. BE HONEST WITH FATHER GOD

#### Psalm 42:9-10 NKJV

**I will say to God my Rock, "Why have You forgotten me? Why do I go mourning because of the oppression of the enemy?"**

**<sup>10</sup> As with a breaking of my bones, My enemies reproach me, While they say to me all day long, "Where *is* your God?"**

# IV. RECKON ON WHAT HE'LL DO FOR YOU

Psalm 42: 11

**KJV: Why art thou cast down, O my soul?  
and why art thou disquieted within me?  
hope thou in God: for I shall yet praise  
him, *who is the health* of my  
countenance, and my God**

**TPT: So I say to my soul, "Don't be  
discouraged. Don't be disturbed. For I  
know my God will break through for me."  
Then I'll have plenty of reasons to praise  
him all over again. Yes, *living before his  
face is my saving grace!***

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**Psalm 42: 11**

**MSG: *Why are you down in the dumps, dear soul? Why are you crying the blues? Fix my eyes on God—soon I'll be praising again. He puts a smile on my face. He's my God.***

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***1. Put your HOPE in HIM***

***2. Say it OUTLOUD! HE IS MY GOD!***

# REDEEM THE TIME

## 1. HEAR HIS VOICE AND RESPOND



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4. STOP BEING ANGRY
5. BUILD NEW FRIENDSHIPS

# REDEEM THE TIME

## 6. LEARN. BE A LIFE-LONG LEARNER

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7. SERVE—FREELY and JOYFULLY.

# REDEEM THE TIME

6. LEARN. BE A LIFE-LONG LEARNER

7. SERVE—FREELY and JOYFULLY.

8. SET YOUR HEART

*Ps 57:7 NKJV*

*My heart is fixed oh God my heart is fixed, I will sing and give praise*

**Let's move forward**  
**into our future,**  
**PURSUIING GOD**

